



Rules of Engagement

Field of Play:

The dimensions of the field are approximately 30 yards long by 20 yards wide. The goal will be approximately 4' x 8'. A 8 foot radius arc will be placed in front of each goal. Players may cross into the arc but may not touch the ball when it is inside the arc. Dead balls inside the arc will result in a goal-kick. If a defensive player touches the ball within the arc or the on the line, an automatic goal will be awarded. If an offensive player touches the ball within the arc or on the line, a goal kick will be awarded.

The Ball:

Size 4 soccer balls will be used for all matches.

Number of Players:

Only 3 players from each 5 member team are permitted on the field at a time. Substitutions are made on the fly, but all players must exit at mid-field.

Duration:

Games will consist of 2-10 minute halves with a 2 minute half-time.

Start of Play:

Kickoffs will be direct kicks and can be taken in any direction.

Goals:

Goals can only be scored from a team's offensive half. The mid-line is considered the offensive half.

Ball In and Out of Play:

The ball is out of play when it has completely crossed the goal line or touchline. Indirect free kicks will be taken from the sideline the ball went out of bounds. If a defensive player touches the ball and the ball goes over the goal line, a corner kick will be awarded. Otherwise, a goal kick will be awarded from the goal line.

In dead-ball situations, defending players must stand at least 5 yards away from the ball. All dead ball situations are indirect except kickoffs, corner kicks, and penalty kicks.

Fouls:

- No one is permitted to use their hands at any time.
- There will be no sliding of any kind permitted.

Penalty kicks should be awarded if, in the referee's opinion, a scoring opportunity was nullified by infraction. Penalty kicks are direct and taken from the center of the mid-line with all players (on both teams) behind the mid-line. Penalty kicks are dead ball infractions – (If a goal is not scored, the defense obtains possession with a goal kick.)

Additional Rules:

- There is no offsides.
- Each team must have an adult coach who is present at every game.
- Players, coaches, and spectators must maintain good sportsmanship at all times. Fighting, abuse of the referees or others, verbal or otherwise, will not be tolerated.



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- Games can end in a tie unless it is a semifinal or championship match, in which case a golden goal overtime period is played. If the game is still tied, the game will go to a shootout.